

Healthy mental development in the first five years

Investing in Human Capital: Iowa's Return on Investment

- Previous Branstad Administration's support of Empowerment funding recognizes the importance early childhood plays on school readiness and academic success. 1st
 Five supports these investments by bridging systems of care for young children's healthy mental development.
- 1st Five has received state legislative appropriations since FY07. 1st Five received \$329,885 for 16 counties in FY12.
- 1st Five sites successfully recruited 71 medical practices representing 280 providers.
 Practices report serving over 75,000 children for well child exams, ages birth-5.
- lowa's return on investment: every child who receives the 1st Five standardized well-child surveillance, costs the state on average less than \$4.40 per child. This investment can pay for itself in long term savings by addressing children's mental health concerns before entering adulthood.